



## Using a Kleenex

Sometimes my nose gets full of boogers or snot. This makes my nose feel funny.



When this happens, I need to use a Kleenex. I don't always like to use a Kleenex, but I have to.



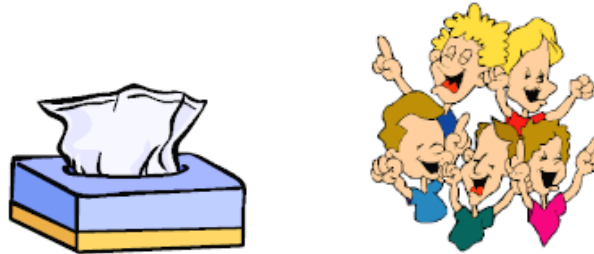
People think that it is gross when I pick my nose or rub the snot away with my sleeve or my hand.



They may even say, “Ewww.” I don’t want people or other kids to think that I am gross. This would make me sad.



Instead of rubbing away the snot with my hand, I should use a Kleenex. This will make everyone feel very happy.



The rules are:

1. Stop



2. Get a Kleenex



3. Blow my nose



4. Throw the kleenex in the garbage



5. Wash my hands

