

**New Updated Screening Criteria (Effective December 7, 2020)**

**If your child has one or more new, or worsening COVID-19 symptoms, you are required to:**

- Arrange for your child to get a COVID-19 test OR contact your healthcare provider to determine if your child needs a test.
- Asymptomatic siblings must be kept home.
- If a child is referred for testing by your health care provider or public health and you choose not to test your child, your child must stay at home for 10 days.
- To return to Kid Mechanix, your child must be symptom free for 24 hours. However, an exception will be made for mild symptoms that are NOT new or worsening and are known to persist in young children (e.g. runny nose or mild cough that may persist following infections), which may be ongoing at time of return to the centre if other symptoms have resolved.
- Siblings may return to Kid Mechanix once the symptomatic sibling receives a negative test OR if your health care provider determines the symptomatic sibling does not require a test. The sibling must wait 24 hours to return to the centre from the initial onset of symptoms in the symptomatic child (please see FAQ section for clarification).

**Symptoms of COVID-19 include any of the following:**

- Fever
- Cough
- Difficulty breathing
- Loss of taste or smell
- Sore throat or painful swallowing
- Stuffy or runny nose not attributed to another known cause like allergic rhinitis
- Headache
- Nausea, vomiting, diarrhea
- Feeling tired or unwell, muscle aches

**Travel:**

- If your child has travelled outside Canada within the past 14 days your child must stay at home to isolate immediately and follow the advice of public health.
- If your child develops symptoms, you should contact your local Public Health unit or family doctor for further advice.

**Contacts:**

If your child or anyone in your household has been identified as a close contact of someone who is confirmed as having COVID-19 by your local Public Health unit (COVID Alert app does not apply), you must:

- Keep your child at home to isolate immediately and follow the advice of Public Health.
- If your child develops symptoms, you should contact your local Public Health unit or family doctor for further advice.
- If the household member is directed by Public Health to undergo testing, your child can return to Kid Mechanix once the household member has received a negative test result.

**Direction from Public Health to Isolate:**

If your child has been directed by a health care provider including Public Health official to isolate, your child must:

- Stay home to isolate immediately and follow the advice of Public Health.
- If your child develops symptoms, you should contact your local Public Health unit or the health care provider for further advice.

**Frequently Asked Questions:**

**1. My child has woken up not feeling well, what do I do?**

*If your child has one of the following that is new or worsening:*

- Fever
- Cough
- Difficulty breathing
- Loss of taste or smell
- Sore throat or painful swallowing
- Stuffy or runny nose not attributed to another known cause like allergic rhinitis
- Headache
- Nausea, vomiting, diarrhea
- Feeling tired or unwell, muscle aches

Your child should isolate immediately, you should take your child for testing OR contact your family doctor for further advice or assessment.

**2. My child has a runny nose, what should I do?**

If your child has a new or worsening runny nose you must keep your child home and follow the guidelines in question 1. Mild symptoms that are not new or worsening and that are known to persist in young children (e.g., runny nose) may be ongoing at time of return to the centre if other symptoms have been resolved and if your child has met the criteria to return to Kid Mechanix.

3. I have 2 children that attend Kid Mechanix – if 1 is sick, when can my asymptomatic child return to the centre?

Scenario A

Sam and Sara both attend Kid Mechanix. Sam wakes up with a new runny nose on Monday morning. Your family doctor determines that Sam does not need a COVID-19 test. Sara must stay home on Monday to ensure she does not develop symptoms. Sara can return to school on Tuesday and Sam can return to school when he is symptom free for 24 hours.

Scenario B

Sam wakes up on Monday morning with a fever and you decide to take him for a COVID-19 test. Sara must remain at home until you receive a negative test result for Jonny. Sam may return to school once he has a negative test result and is symptom free for 24 hours.

4. Do I need a note from a doctor before my child goes back to school or a copy of a negative test result?

Children who are referred for COVID-19 testing by their family doctor do not need to provide Kid Mechanix with a negative test result before returning to the centre. However, you MUST fill out the return to school form which will be provided by our Program Director or found on Public Health's website: <https://www.toronto.ca/wp-content/uploads/2020/10/9095-Attestation-for-Return-to-School.pdf>